



FOOD ASSISTANCE

Enfield Loaves and Fishes

23 North Main Street, Enfield CT
(860) 741-0226 enfieldloavesandfishes.com

HOURS

Meals served:

SUN - FRI: 4 PM - 5 PM
SAT: 11:30 AM - 12:30 PM

Enfield Food Shelf

786 Enfield Street, Enfield, CT
(860) 741-7321 enfieldfoodshelf.org

HOURS

Distribution Walk-in Hours:

WED: 9AM-12PM
THURS: 11AM-5PM

Home Deliveries: please call
CSFP Senior Box Distro: 3rd Mon of each month

NEW

Food Shelf is now offering SNAP application assistance. Call 860-741-7321 for an appointment.

5 Meals For Families Grocery Program

Enfield Food Shelf urges families to seek food assistance in recovering from an emergency crisis. It can make a big difference. An easy way to experience Enfield Food Shelf food assistance is through the **5 Meals for Families Program**. This program provides households with \$150 worth of groceries based off of 5 healthy and nutritious dinner recipes which were developed by UCONN dietitians. Grocery pickup times are made by appointment. Contact Enfield Food Shelf for more information at (860)-741-7321.

Lunch Link:

A free grab and go lunch program for Enfield students for pick up during school breaks. [A collaboration between Enfield Food Shelf, Enfield Loaves and Fishes, and Allied Services]



Watch Enfield Food Shelf social media for posts regarding Lunch Link dates, times, and pick up locations or call EFS directly 860-741-7321.

Hartford Bags of Love Give What You Can. Take What You Need

Free Little Pantry 24/7 244 Post Office Rd



HOUSING ASSISTANCE

Social Services Guide (housing found on pg 8)
<https://tinyurl.com/EnfieldHousing>
Call: 860-253-6395

Enfield Social Services-Adult & Community Services

Call: 860.253.6403

Enfield Housing Authority

Call: 860-745-7493

Subsidized Housing

Fresh Water Pond Apartments
4 Thistle Lane Enfield, CT 06082-3596
Call: 860-741-0247

Department of Housing and CHFA

Tenant Rental Housing Assistance Program (TRHAP)
Call: 860-785-3111

Temporary Mortgage Assistance Program (T-MAP):
Call: 860-785-3111

Emergency Mortgage Assistance Program (EMAP)
Call: 860-571-3500

SCAN
for
housing
guide



Scan Dept of
Housing



FAMILY SUPPORT

Enfield Family Resource Center

The FRC Offers assistance accessing community resources such as child-care, counseling, employment, food, and more at two locations.

FRC Coordinator, Amy Morales amorales@enfield.org
Henry Barnard School PHONE: 860-253-5144
Stowe Early Learning Center PHONE: 860-253-6580
Social Worker: Angelica Fajardo PHONE: 860-253-5214

FRC LEARNING PLAYGROUPS 2 Locations

REGISTER: Call 860-253-6580 or Email egrimes@enfield.org

NEW

Henry Barnard | 27 Shaker Rd

Mon 9am
Tues 9am OR 10:30am
Wed 9am OR 10:30am
Thurs 5:30pm

Stowe Early Learning Center | 117 Post Office Rd

Tues 9am OR 10:30am
Wed 9am OR 10:30am
Thurs 9am OR 10:30am



Circle of Security parenting program is always ongoing, a group is currently in progress. Look for information regarding new class scan the QR code.

ERfC (Enfield Resources for Children) Before & After-School Care

Contact ERfC at 860-253-9935 or visit www.erfcinc.org for information on before & after school care.

2025-2026 Preschool Stowe Early Learning Center

Enfield Head Start, PreK Steam, and Integrated PreK are currently accepting applications for the 2025/2026 school year. All families of 3 and 4 year old children (and children who turn 5 after August 31st) are encouraged to apply. Stowe Early Learning Center offers FULL DAY and PART DAY preschool programs through the Enfield Public Schools. Please call Kathy at 860-253-4741 for Information on our PreK STEAM Program, Kelly at 860-253-4717 for information on our Head Start Program, or Amy at 860-253-6318 for information on our Integrated Preschool Program. Applications can be found on Enfieldschools.org

Talk It Out

PHONE: 833-258-5011
talkitoutct.com

Free for parents and caregivers who need someone to listen, to understand and to talk your feelings out.

United Way

Dial 211 for information on the following:

- Family Crisis
- COVID19 questions
- Legal Assistance
- Substance Abuse
- Suicide Prevention (Text CT to 741741)
- Mental Health
- FREE Tax Help

Suicide Prevention Hotline
NEW NUMBER



Goodwill Career Center

PHONE: 860-749-6937x2
Free Career Coaching : Cherie Sachel-Flint

Domestic Abuse Hotline 24/7 Support

WEB: CTSafeConnect.org
PHONE: 888-774-2900

Network Against Domestic Abuse

WEB: TheNetworkCT.org
PHONE: 860-763-4542

Enfield Police Department

860-763-6400 [non-emergency calls/questions]
Emergency DIAL 911

**SOCIAL SERVICES MOVED:

1010 Enfield St. (Alcorn building)
Parking in the back of the building.
Enter through the side entrance. *ring door bell

ENFIELD
SOCIAL MEDIA

@EnfieldCTTownManger



@EnfieldTM

